MHFA COURSES 2027

It's a Playground

It's a State Of Mind
Mental. Physical. Social

MHFA England
INSTRUCTOR
MEMBER



ONLINE

ADULT MHFA

FEB/MAR - 23/25 & 2/4

SEPTEMBER - 7/9/14/16

9.00AM - 1.00PM

YOUTH MHFA

MAY - 4/6/11/13

NOVEMBER - 8/10/15/17

9.00AM - 1.00PM

ADULT REFRESHER

MARCH - 23RD

NOVEMBER -30TH

YOUTH REFRESHER

MAY - 18TH

DECEMBER - 7TH

9.00AM - 1.30PM

ALL ONLINE SESSIONS
ARE VIA ZOOM

MHFA England

IN-PERSON

ADULT MHFA

APRIL- 29/30

OCTOBER - 7/8

TWO DAY COURSE
9.30AM - 5.00PM

YOUTH MHFA

SEPTEMBER - 23/24

TWO DAY COURSE
9.30AM - 5.00PM

ADULT REFRESHER

JUNE - 18TH

YOUTH REFRESHER

FEBRUARY - 26TH

HALF DAY COURSE
9.00AM - 1.30PM

IN-PERSON SESSIONS ARE HELD IN PARTNERSHIP WITH THE SOCIAL ENTERPRISE ART4SPACE AND TAKE PLACE AT THEIR CREATIVE ARTS STUDIO IN LONDON.

ART4SPACE

Upon completing a MHFA course with It's a Playground, you qualify for FREE access to join our monthly online IAP Calendar workshops, to refresh or continue your learning about mental health education and wellbeing topics and access additional resources.

Concessions are available for multiple place bookings, Lambeth locals and learners representating a charity or on low income. Please email for details.

info@itsaplayground.org